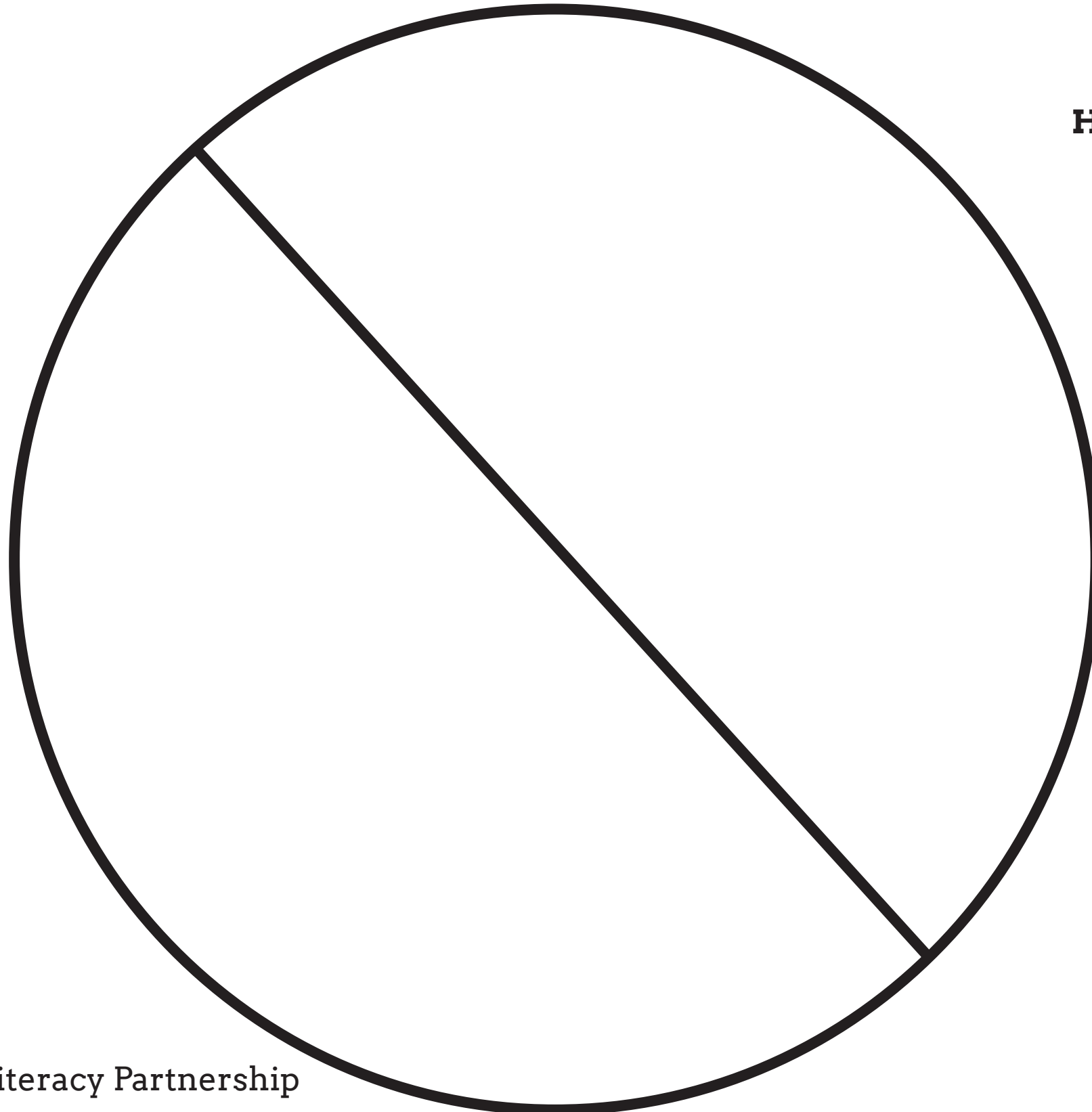




Take the #PlainPledge®



How to take the Plain Pledge

1. Write down a health-related word that you promise to stop using or better explain to patients.
2. Take a photo of yourself with the pledge.
3. Share the photo with your health organization or post on your own social media platform with the hashtag #PlainPledge @UAMS_CHL and tag us @MNHealthLit.
4. Connect with the Minnesota Health Literacy Partnership on Facebook, Twitter, and LinkedIn.



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