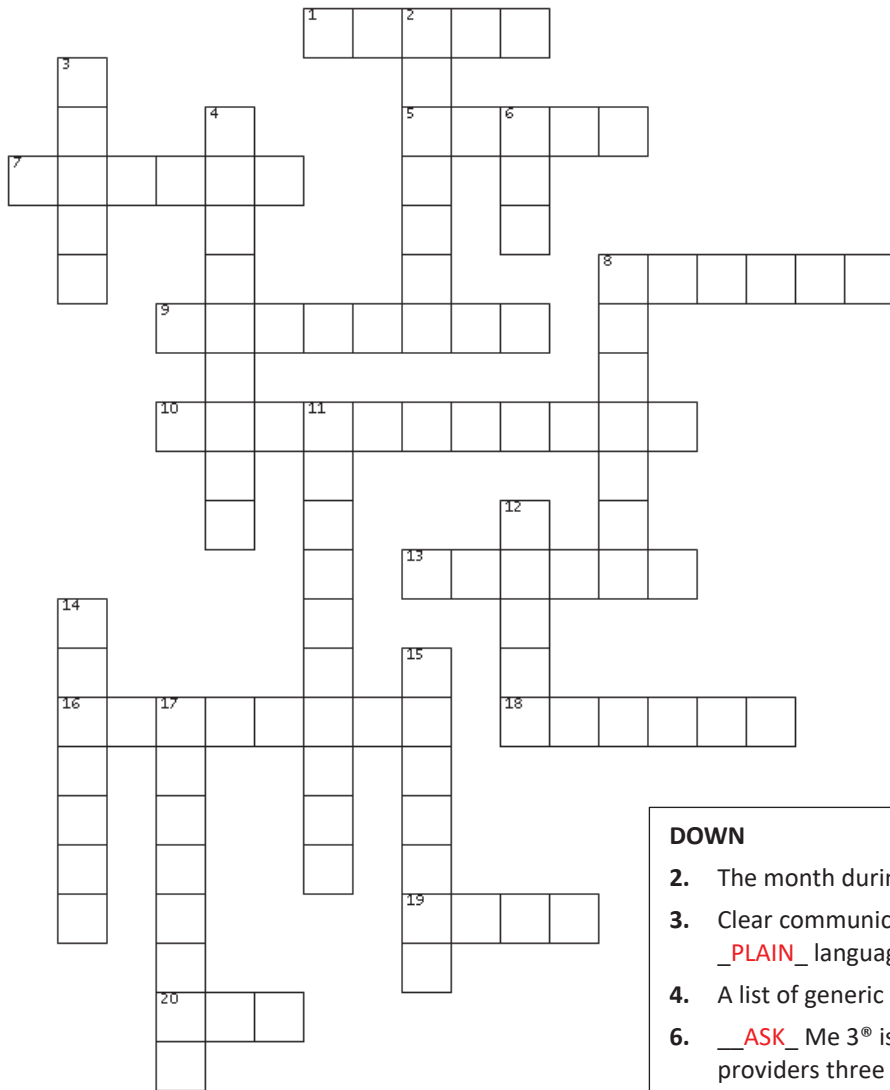


Back to Basics: Health Literacy Month 2022



ACROSS

1. An easier way to say "hypertension" is high **__BLOOD__** pressure.
5. "In your own words, please tell me what we've talked about today." This is an example of **__TEACH__** back.
7. In 2014, Minnesota Governor Mark **__DAYTON__** signed an executive order that requires the state government to use plain language.
8. Healthy **__PEOPLE__** is a national program that sets 10-year goals for improving the health of all Americans.
9. **__CULTURAL__** humility means having a humble and respectful attitude toward people of other cultures.
10. The Minnesota Health Literacy **__PARTNERSHIP__** is a key resource and leading organization for health literacy best practices, tools, and support in Minnesota.
13. Health **__EQUITY__** means that all people have the chance to be as healthy as possible.
16. Immigrants are more likely to experience **__LANGUAGE__** and cultural barriers when seeking health care.
18. According to the American Medical Association, health information for the public should be written at a **__EIGHTH__**-grade reading level.
19. Harvard Professor Dr. Rima **__RUDD__** is a well-known health literacy expert at Harvard.
20. The Centers for Disease Control and Prevention is commonly abbreviated as **__CDC__**.

DOWN

2. The month during which we celebrate health literacy. **OCTOBER**
3. Clear communication that your audience can understand the first time they read or hear it is often called **__PLAIN__** language.
4. A list of generic and brand-name prescription drugs covered by your health plan. **FORMULARY**
6. **__ASK__** Me 3[®] is an educational program that encourages patients and families to ask their health care providers three questions to better understand their health: (1) What is my main problem? (2) What do I need to do? (3) Why is it important for me to do this?
8. A place online where you can check your health information is called a **__PATIENT__** portal.
11. A wide range of health services provided through digital technology. **TELEHEALTH**
12. An example of a health care worker. **NURSE**
14. The **__CALGARY__** Charter on Health Literacy defines health literacy as "the use of a wide range of skills that improve the ability of people to act on information in order to live healthier lives."
15. **__SENIORS__** are one of the most at-risk populations for low health literacy.
17. The ability to understand and work with numbers. **NUMERACY**