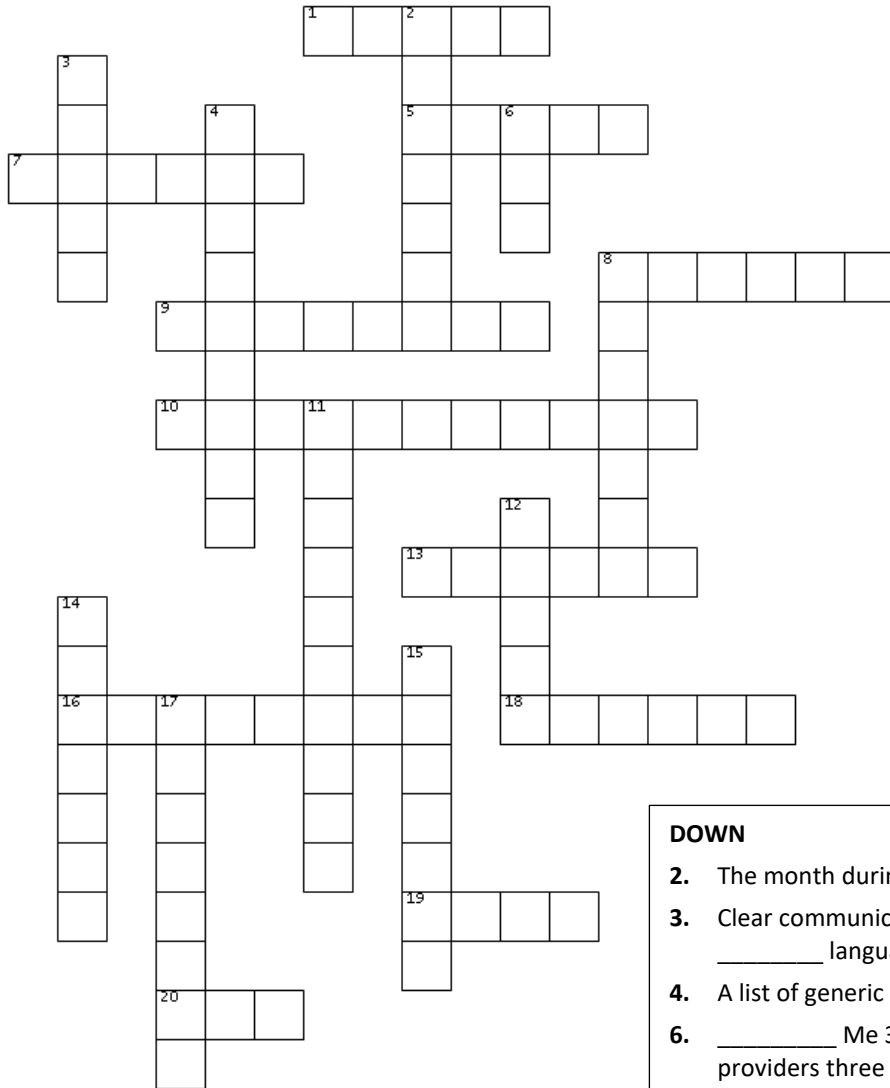


# Back to Basics: Health Literacy Month 2022



## ACROSS

1. An easier way to say "hypertension" is high \_\_\_\_\_ pressure.
2. "In your own words, please tell me what we've talked about today." This is an example of \_\_\_\_\_ back.
3. In 2014, Minnesota Governor Mark \_\_\_\_\_ signed an executive order that requires the state government to use plain language.
4. Healthy \_\_\_\_\_ is a national program that sets 10-year goals for improving the health of all Americans.
5. \_\_\_\_\_ humility means having a humble and respectful attitude toward people of other cultures.
6. The Minnesota Health Literacy \_\_\_\_\_ is a key resource and leading organization for health literacy best practices, tools, and support in Minnesota.
7. Health \_\_\_\_\_ means that all people have the chance to be as healthy as possible.
8. Immigrants are more likely to experience \_\_\_\_\_ and cultural barriers when seeking health care.
9. According to the American Medical Association, health information for the public should be written at a \_\_\_\_\_-grade reading level.
10. Harvard Professor Dr. Rima \_\_\_\_\_ is a well-known health literacy expert at Harvard.
11. The Centers for Disease Control and Prevention is commonly abbreviated as \_\_\_\_\_.

## DOWN

1. The month during which we celebrate health literacy.
2. Clear communication that your audience can understand the first time they read or hear it is often called \_\_\_\_\_ language.
3. A list of generic and brand-name prescription drugs covered by your health plan.
4. \_\_\_\_\_ Me 3<sup>®</sup> is an educational program that encourages patients and families to ask their health care providers three questions to better understand their health: (1) What is my main problem? (2) What do I need to do? (3) Why is it important for me to do this?
5. A place online where you can check your health information is called a \_\_\_\_\_ portal.
6. A wide range of health services provided through digital technology.
7. An example of a health care worker.
8. The \_\_\_\_\_ Charter on Health Literacy defines health literacy as "the use of a wide range of skills that improve the ability of people to act on information in order to live healthier lives."
9. \_\_\_\_\_ are one of the most at-risk populations for low health literacy.
10. The ability to understand and work with numbers.